

The Hidden Risks of Shadow AI:

Why Transparency Must Come
Before Control.

How to get your people Culturally
Ready for AI adoption.

As we engage with business leaders building out their AI strategies, one thing is becoming clear: Most organisations today sit somewhere on the AI adoption spectrum, but generally fall into one of three categories:

1. Strategic Implementers

- AI is integrated into operations, with formal governance, training, and clear guidelines. Risk is managed, and value is being systematically captured.

2. Experimental Tinkerers

- Pockets of AI use are emerging without coordinated oversight. Innovation is happening, but so is unmanaged exposure.

3. Official Restrictors

- Strict policies limit AI use in the hope of avoiding risk. Ironically, these organisations often have the greatest unseen exposure.

So where does your organisation really sit?

The Reality Gap: **What Leaders Think vs What's Actually Happening**

There's a growing disconnect between what leaders think is happening, and what's actually going on in their organisations.

- 75% of knowledge workers are already using AI at work.
- 78% are bringing in their own tools, without visibility or approval.
- Over half say they hide their AI use for fear of being shut down.
- The numbers say your team is using AI three times more than you think.
- Only 44% of organisations have any policy in place to manage it.
- And when staff put internal company data into public AI tools: your IP is gone forever.

Let's zero in on **what's really happening**:

- This isn't emerging. It's already active. And it's happening behind your back.
- You don't need to control everything.
- But you do need to see it. And you need to lead it.

The Triple Risk of Unseen AI

Without visibility, most organisations are exposed to three escalating categories of risk:

1. Intellectual Property Exposure

- Sensitive data is being shared with public AI tools, often without awareness. At the same time, staff may unknowingly feed outputs from unlicensed sources back into your systems. That's a recipe for both data loss and IP infringement.

2. Quality and Accuracy Failures

- AI-generated content is already making its way into emails, reports, and decisions. Without oversight, that content may be inaccurate, biased, or misleading, eroding trust and increasing reputational risk.

3. Cultural and Capability Erosion

- When staff feel the need to hide their use of AI, a shadow culture forms. Innovation happens in isolation. Trust breaks down. And opportunities for capability-building go unrealised.

This Isn't a Technology Problem. It's a Leadership One.

Your people may well be bending the rules or even breaking them. Sometimes because there are no rules. Other times because they feel they have to, or risk falling behind. The truth is: they're not trying to undermine the organisation. They're trying to do great work; faster, smarter, and more competitively. The real risk isn't that they're experimenting. It's that they're doing it without support, alignment, or leadership visibility. The question isn't whether AI will reshape your business. It's whether that transformation will happen by design or by default.

The Policy Vacuum

Despite the scale of use, most organisations are still operating without even basic guardrails. Only 44% of executives say their organisation has any kind of generative AI policy in place. That means more than half are flying blind, even as the risks accelerate.

The ACE Framework: From Shadow to Strategy

The most effective approach to AI governance doesn't begin with control. It begins with transparency and trust. That's the foundation of our ACE Model, used by forward-thinking organisations to bring Shadow AI into the light and turn unmanaged exposure into capability.

A — Audit What's Really Happening

Map the reality, not the policy:

- Which AI tools are staff using?
- What business problems are they solving?
- What data is being shared externally?
- Where are the quick wins, and the hidden risks?

This isn't about catching people out. It's about building trust and understanding what's already happening so you can lead it.

C — Champion Safe Exploration

Create psychological safety for staff to disclose AI use by:

- Making it clear that experimentation is valued
- Creating a no-blame “safe harbour” disclosure period
- Identifying internal AI champions and supporting them

Employees are far more likely to trust their own organisation to get AI right than they are to trust external institutions.

Build on that foundation.

E — Enable With Guardrails

Once visibility is in place, move quickly to:

- Provide secure, approved AI tools for common use cases
- Establish data classification and acceptable use guidelines
- Deliver targeted training based on actual behaviour
- Build governance that supports innovation, without killing momentum

From Exposure to Capability: The AI Maturity Ladder

As organisations implement the **ACE framework**, they typically move through four stages:

1. Blind Exposure

No visibility into AI usage. High unmanaged risk.

2. Initial Visibility

Shadow AI is acknowledged. Mapping begins.

3. Guided Exploration

Guardrails and champions are introduced. Training begins.

4. Strategic Integration

AI is embedded into operations with proactive governance and clear value pathways.

Action Plan: Your Next 3 Moves

1. Conduct an AI Use Discovery Survey

Offer a safe, anonymous way for staff to share what AI tools they're using, and what problems they're solving.

2. Identify Your Internal AI Champions

Find the early adopters already leading by example. They're your best insight into both risk and opportunity.

3. Establish Data Handling Guidelines

Create clear, practical rules about what information can and cannot be shared with AI tools.

The Trust-First Approach to AI Governance

Governance doesn't start with control, it starts with clarity. And clarity begins with trust.

- **Transparency gives you the real picture.**
- **Accountability creates ownership of both risks and opportunities.**
- **Trust enables adoption and performance at scale.**

Your teams are already pointing the way.

By bringing their experimentation into the light, you turn unmanaged risk into strategic capability.

Unsure Where To Begin?

Book a 15-minute discovery call or request our AI Governance Template.